



## Possible Course Sequence

Prerequisites are listed in parentheses

|  |           |
|--|-----------|
| ENGL 101 [WRTG] (writing placement exam) | 3         |
| BIOL 140                                 | 3         |
| PSYCH 105                                | 3         |
| KINES 199 (≥ 40 ALEKS or Math 103+)      | 3         |
| KINES 138                                | 1         |
| UCORE ARTS/DIVR/EQSJ                     | 3         |
| <b>Total Credits</b>                     | <b>16</b> |

| Second Semester                     | Credits   |
|-------------------------------------|-----------|
| COMM                                | 3         |
| KINES 262 (≥ 40 ALEKS or Math 103+) | 4         |
| KINES 201                           | 3         |
| HIST 105                            | 3         |
| STAT 212 (≥ 45 ALEKS or Math 103+)  | 4         |
| <b>Total Credits</b>                | <b>17</b> |

| Third Semester                                      | Credits   |
|---|-----------|
| UCORE ARTS/DIVR/EQSJ                                | 3         |
| BIOL 102/106/107 (Bio 106: ≥ 40 ALEKS or Math 103+) | 4         |
| KINES 264 (Kines 262)                               | 3         |
| KINES 266 (Kines 262)                               | 3         |
| KINES 261   | 3         |
| <b>Total Credits</b>                                | <b>16</b> |

| Fourth Semester                         | Credits   |
|---|-----------|
| KINES 162 (≥ 40 ALEKS or Math 103+)     | 3         |
| CHEM 101 (≥ 45 ALEKS or Math 103+)      | 4         |
| -or- CHEM 105 (≥ 80 ALEKS or Math 106+) |           |
| SOC 245                                 | 3         |
| KINES 311                               | 3         |
| Cognate course                          | 3         |
| <b>Total Credits</b>                    | <b>16</b> |

| Fifth Semester                                   | Credits   |
|--|-----------|
| BIOL 251 Fall/Summer Only (Bio 102, 106, or 107) | 4         |
| KINES 312 (Stat 212 or Psych 311)                | 3         |
| KINES 362 (Kines 262 & Kines 162 or Phys 101)    | 3         |
| Cognate course                                   | 3         |
| Cognate course                                   | 3         |
| <b>Total Credits</b>                             | <b>16</b> |

| Sixth Semester                   | Credits      |
|----------------------------------|--------------|
| KINES 390 (Kines 264)            | 1            |
| KINES 380 (Bio 251)              | 3            |
| KINES 313 (Psych 105 or Soc 101) | 3            |
| Cognate course                   | 3-4          |
| Cognate course                   | 3-4          |
| Elective                         | 1-3          |
| <b>Total Credits</b>             | <b>14-16</b> |

| Seventh Semester               | Credits      |
|--------------------------------|--------------|
| KINES 461 (Bio 251, Kines 262) | 3            |
| KINES 484 (Bio 251, Kines 262) | 3            |
| Cognate Course                 | 3-4          |
| Elective                       | 3-4          |
| <b>Total Credits</b>           | <b>12-14</b> |

| Eighth Semester                | Credits |
|--------------------------------|---------|
| KINES 485 (all requirements**) | 10-12   |
| <b>Total Credits</b>           | 10-12   |

\*\*Students must complete all kinesiology requirements (including cognates) with a C or higher and complete all UCORE courses before being eligible for Kines 485. Kines 485 cannot be taken concurrently with other coursework.

Students must be admitted to the kinesiology major to enroll in 300 & 400-level KINES courses

### Cognate Course Options (continued from front)

PHYS 102/112: General Physics II with Lab  
 PSYCH 230: Human Sexuality  
 PSYCH 265: Biopsychological Effects of Alcohol and Drugs  
 PSYCH 320: Health Psychology  
 PSYCH 321: Personality  
 PSYCH 324: Psychology of Gender  
 PSYCH 333: Fundamentals of Psychological Disorders

PSYCH 350: Social Psychology  
 PSYCH 361: Developmental Psychology  
 PSYCH 363: Psychology of Aging  
 PSYCH 470: Motivation  
 SOC 101: Introduction to Sociology  
 SOC 334: Medical Sociology